



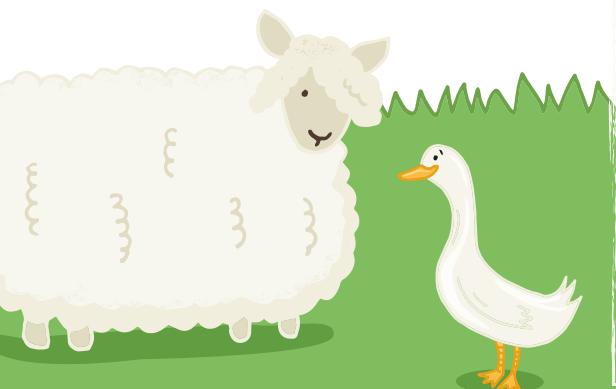
2016 ACTIVITY PACK!



ANIMAL WORDSEARCH

Can you find all of the baby farm animals in the wordsearch below? ↘

CHICK KITTEN
LAMB KiDS
CALF KiT
PIGLET PUPPY
FOAL DUCKLING
OWLET



S	Y	C	H	I	C	K	U	S	I	R	X	V	P
V	Q	E	C	R	Y	U	I	Y	F	S	D	I	K
K	T	L	A	I	L	O	W	L	E	T	I	C	T
J	Z	S	E	W	T	C	V	Y	C	W	Z	N	Y
X	I	E	L	B	K	X	K	N	H	A	Q	E	L
P	U	P	P	Y	I	J	H	T	A	F	U	Y	A
K	G	D	W	F	T	Q	D	F	O	L	D	K	M
Q	A	M	A	O	T	J	F	A	K	S	X	Z	B
T	G	S	B	H	E	U	L	H	D	J	S	J	S
B	C	C	V	Y	N	Z	I	Y	Y	P	T	K	I
E	K	A	U	S	M	E	R	T	P	Y	K	G	T
W	R	S	L	D	K	B	L	I	P	Y	K	I	Q
J	F	O	X	F	J	S	R	W	U	Q	V	L	R
L	Y	P	L	S	U	X	A	S	P	J	I	E	I
Z	T	V	G	Y	M	Z	E	A	Y	I	E	T	W
V	F	G	N	I	L	K	C	U	D	O	U	D	M

THE SHOW MAZE

Can you find a way to get the horse to the showring?



BEASTIES & BEANSTALKS

cut out your
player tokens
↙

Roll a dice and move your player token that number of spaces. If the space is clear then your move is over. If you land on a plant you climb up it but if you land on a beast you slide down it. The first player to the finish wins!



FINISH

30

Yuck! the slug has munched your veg!

29

28

27

26

21

22

The soil is full of nutrients

23

24

Oh no! the snail has eaten your crops!

25

20

19

18

Naughty caterpillar has has eaten your yummy leaves!

17

16

11

12

13

14

15

10

It's been sunny, your crops have grown!

9

8

7

6

1

START

2

3

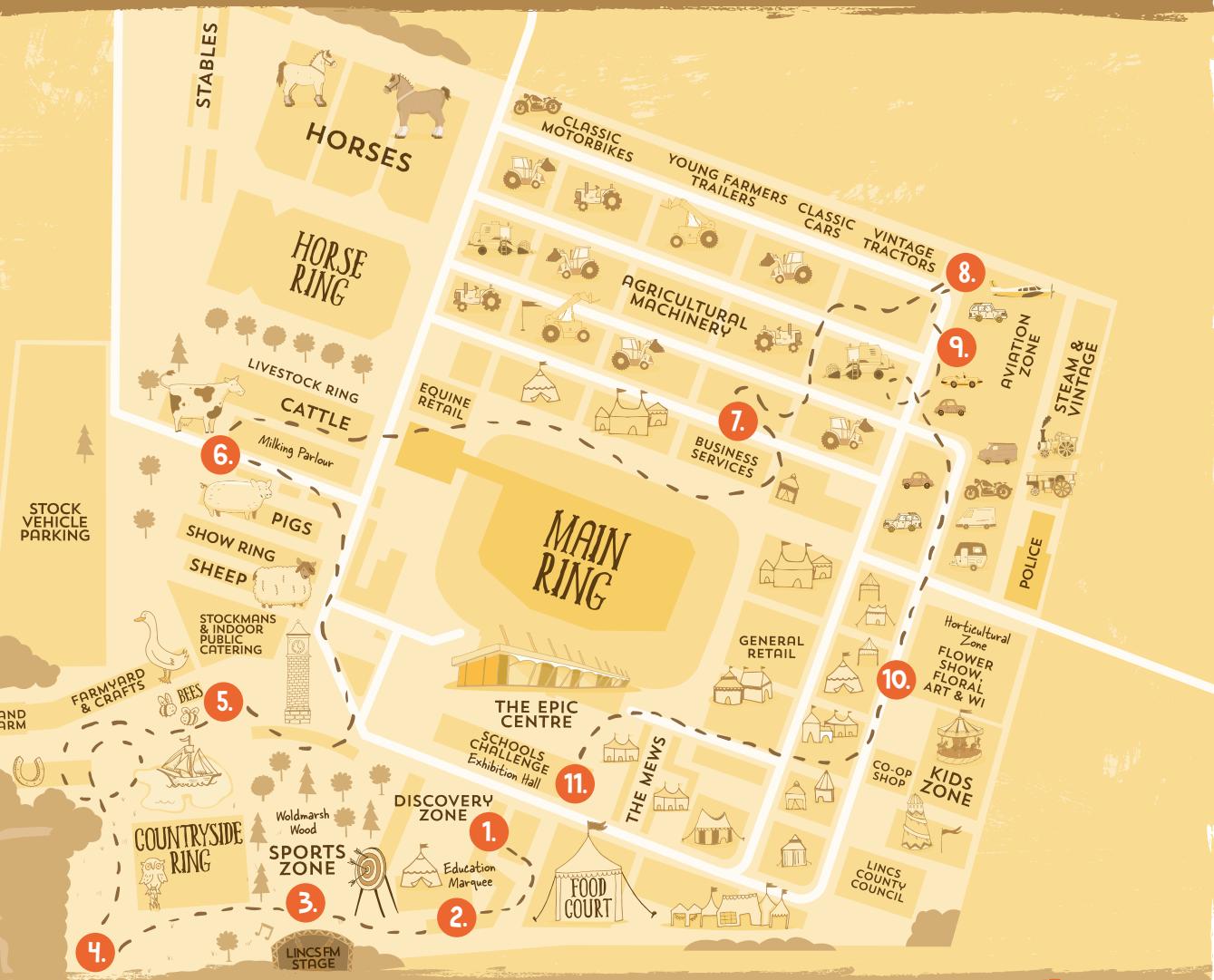
4

5

Thanks for watering your crops!

CAN YOU HELP US FIND THE LINCOLNSHIRE SHOW'S HIDDEN TREASURE?

Search for the hidden treasure at the Lincolnshire Show and be in with a chance of winning a family ticket for Rand Farm Park and tickets to next year's Lincolnshire Show!



GOOD LUCK!

Hand in your completed Treasure Trail to the Schools' Challenge in the Exhibition Hall or post it back to The Marketing Department, Lincolnshire Showground, Grange de Lings, Lincoln, LN2 2NA by Friday 1st July to enter.

1.

FIND: Branston

QUESTION: What is an even better source of iron than spinach?

ANSWER:

2.

FIND: NFU Roadshow

QUESTION: A herd of 300 cows produces enough poo to power how many homes?

ANSWER:

3.

FIND: Lincolnshire Sport

QUESTION: How many athletes will be representing team GB at the 2016 Rio Olympics?

ANSWER:

4.

FIND: Giant Tortoises

QUESTION: How heavy is Samson, our biggest tortoise?

ANSWER:

5.

FIND: Lincs Beekeepers

QUESTION: What colour will queen bees be marked for 2016?

ANSWER:

6.

FIND: Meet-a-Moo

QUESTION: How much milk is produced in Britain?

ANSWER:

7.

FIND: TC Harrison

QUESTION: JCB celebrated which milestone birthday last year?

ANSWER:

8.

FIND: Vintage Tractors

QUESTION: Where was the little red tractor on the vintage tractors display made?

ANSWER:

9.

FIND: Aviation Heritage Lincolnshire

QUESTION: What is the name of the pigeon which won the animal VC at RAF Waddington in World War 2?

ANSWER:

10.

FIND: Moss Plant & Woodcraft

QUESTION: What is in a bushell?

ANSWER:

11.

FIND: Schools' Challenge Finish

CONGRATULATIONS FOR COMPLETING THE LINCOLNSHIRE SHOW TREASURE TRAIL! FOR A CHANCE TO BE CROWNED OUR WINNER, PLEASE PUT YOUR COMPLETED QUESTION SHEET IN THE BOX

NAME:

PHONE NUMBER:

AGE:

EMAIL:

COTTAGE PIE INGREDIENTS:

- ★ 250G BEEF MINCE
- ★ 1 ONION (Diced)
- ★ 2 CARROTS (Chopped)
- ★ 20G FROZEN PEAS
- ★ ½ BEEF STOCK CUBE
- ★ 1 TBSP MIXED HERBS
- ★ 1 TBSP TOMATO PUREE
- ★ 1 TBSP MARMITE
- ★ 1 TBSP OLIVE OIL
- ★ SALT & PEPPER (to season)

MASHED POTATO INGREDIENTS:

- ★ 1-2 BAKING POTATOES
- ★ 1 ½ PINTS OF WATER
- ★ 5-10G BUTTER
- ★ SALT AND PEPPER



INGREDIENTS

- ★ 5 EGGS
- ★ A KNOB OF BUTTER
- ★ 1 TBSP WHOLE MILK OR CREAM
- ★ SEA SALT & BLACK PEPPER
- ★ 1 RIPE AVOCADO
- ★ 1 LARGE VINE TOMATO
- ★ 1 LIME, JUICED
- ★ 2 SLICES OF SOURDOUGH BREAD
- ★ A SMALL HANDFUL OF CHOPPED CORIANDER

Marcus Wilkinson, Lincoln Minster School student, finalist at this year's Rotary Young Chef of the Year competition. See him & Rachel in The Lincolnshire Kitchen at the Show

COTTAGE PIE HOW TO MAKE IT:

COTTAGE PIE:

Brown the beef mince in the oil with the diced onion and chopped carrots on a high heat

Add the stock cube to 400ml boiling water, stir thoroughly and add to the pan

Add the peas, mixed herbs, tomato puree and marmite to thicken, bring to the boil and then reduce to a low heat

Put the mixture in an oven proof dish and top with mashed potato, spreading evenly over the mixture

MASHED POTATO:

Boil 1 ½ pints of water in a kettle and add to a saucepan

Add your peeled and quartered potatoes

Check every 5 minutes for 15-20 minutes until the potatoes are soft all the way through (test with a fork)

When cooked thoroughly drain the potatoes

In a bowl, mash the potatoes adding the butter and salt and pepper for seasoning

Add to the top of your cottage pie mixture

Cook your cottage pie at 220C (200C fan) for 24 - 30 minutes and serve with some tasty vegetables

RACHEL GREEN'S SCRAMBLED EGGS WITH MASHED AVOCADO AND TOMATO SALSA

How To MAKE IT:

Makes 2

Chop the tomato into chunks and in a small bowl mix with the lime juice and coriander.

Mash the avocado in a small bowl.

Beat the eggs together with the milk or cream and season with salt. Heat a heavy based non-stick frying pan over a low heat and melt the butter. Swirl around the pan to evenly coat. Add the eggs, and cook very slowly gently stirring with a wooden spatula till the eggs are soft and still wobbly. Remove from the heat and add another small knob of butter into the mixture and stir in. This will make the eggs creamy and rich in flavour.

Toast the bread and top both slices with the mashed avocado and then with the creamy scrambled eggs. Spoon on the tomato salsa and a finally a little freshly ground black pepper.



SCHOOLS CHALLENGE



Your school can join us at the 2016 Lincolnshire Show Schools' Challenge. Simply choose from one of our exciting challenges and when completed, your school will have its own stand at the Lincolnshire Show. Students will present to a panel of judges and compete within your school category for the title of Schools' Challenge Champions 2016!

THIS YEARS CHALLENGES

01. REDUCING MY SCHOOL FOOTPRINT

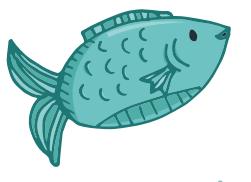
Curriculum Links: Geography, Science, Citizenship

Students are asked to look at the impact that their school has on the environment. Along with carrying out an environmental impact survey, students should research and create an action plan to reduce the schools carbon footprint. A campaign to promote this change should then be developed for the school and wider community. Students must get creative and plan across a variety of impacting areas.

02. FLOOD ALERT

Curriculum Links: Geography, Science, Design and Technology, Computing

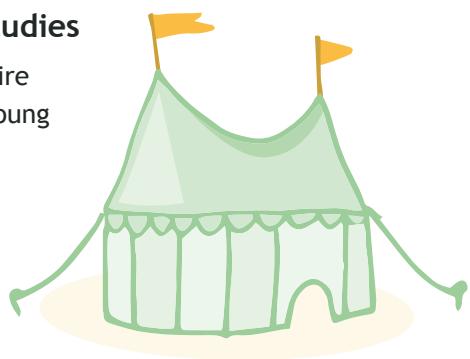
Students are tasked with becoming a flood response team and delving into why flooding occurs and how we can help to prevent it. Students are asked to research, plan and construct a model home and surrounding land able to withstand the effects of flooding. Students should include different concepts and test out materials based on absorbency and strength while recognising the importance of flood prevention organisations.



03. ADVERTISING THE LINCOLNSHIRE SHOW

Curriculum Links: Computing, English, Media studies, Business Studies

Students critically analyse the existing strategies used to advertise the Lincolnshire Show. They should then develop new concepts which will promote the Show to young people whilst reducing the environmental impact of the event.



04. MY COMMUNITY, MY COMMITMENT

Curriculum Links: Art and Design, Citizenship, Science, Design and Technology

Students are tasked with the challenge to improve an area of land within the school grounds or local community. They should research and investigate the need for improvements involving the wider community and create a design portfolio of ideas. Students must then implement their ideas, recording the changes and impact.





05. MY HEALTHY SCHOOL

Curriculum Link: Design and Technology - Food Technology, Science, Citizenship

Students are asked to research what is meant by healthy living. Students should use the information gathered to develop a selection of healthy meals or snacks that could be used within school. Where possible, ingredients should be home-grown or locally produced. An awareness campaign must then be developed to alert people to the importance of a healthy lifestyle and get others motivated to change.



06. GROWING AROUND THE GLOBE

Curriculum Links: Languages, Citizenship, Geography, Science

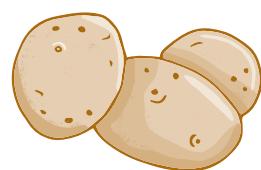
Students investigate which crops grow best in the British climate and compare these with the types of crops which would thrive in a school garden on a different continent. They should develop a relationship with one or more schools from their chosen country and contact this school by post or email in the correct language if feasible.



07. PROJECT POTATO!

Curriculum Links: Design and Technology - Food Technology, Science

Students grow potatoes and experiment to find the optimum growing conditions. They may develop recipes using their potatoes, which, along with the remaining potato plants will be judged at The Lincolnshire Show. Farmacy Plc and E Park and Sons are able to supply schools with potato seeds and growing equipment



08. FARMING THROUGH THE AGES

Curriculum Links: History, English, Computing, Geography

Students should research, discuss and demonstrate how the world of food and farming has changed over the years. Specific consideration into agriculture across Lincolnshire could be looked at, investigating how major events in history have had an impact. This could include ideas such as the transition from hunter gatherers to farming in the Neolithic era, the industrial revolution, WW1/2 and the women's land army.



09. THE GREAT GARDENING CHALLENGE

Curriculum Links: Design and Technology, Science, Art and Design

Students are tasked with the challenge of researching, designing and creating a miniature "show" garden, similar to that of the RHS Chelsea Flower Show. A uniform pallet will be provided on the Show days to display the garden. Credit will be given to those gardens which demonstrate the theme of wildlife attractors. A diary depicting the stages through design and creative processing should be formulated. Please choose from the range of challenges and complete and return the accompanying expression of interest form. You will then be sent the guidance notes to help your students complete their chosen challenge.



10. 3... 2... 1 GROW

Curriculum Links: Food Technology, Science

Students are tasked with becoming Space Biologists! School groups must enter the Rocket Science initiative with the RHS and UK Space Agency. Schools must get growing to compare differences in growth between seeds from space and normal seeds, collecting and recording data. They must gain a better understanding of the importance of growing plants in space and eventually Mars, and what it can teach us about the possibility of sustaining life in space.